

AGELOC® TRME® JUMPSTART

Tired of trying one-size-fits-all weight management “solutions” that just leave you feeling frustrated? TRMe helps you uncover your unique nuances—helping you crack your personal code to unlock your winning combination. It’s designed to support your transformation to a healthier lifestyle with supplements, shakes, diet and exercise recommendations. With personalization that transcends the standard, TRMe helps make weight wellness work for you.

TRMe—the uniquely you system that simply fits.



MEET JUMPSTART

Need a kickstart for your weight management journey? JumpStart is your in to win. Using safe, clinically proven ingredients, this powerful drink supplement helps you see measurable results within 15 days when combined with a healthy diet and regular exercise. How? By promoting healthy metabolism, supporting lean muscle mass and helping appetite control, JumpStart helps set your body up for a quick, healthy win during your initial weight management efforts. It’s a smart way to win as you begin.

WHY YOU’LL LOVE IT

- Helps you start to achieve measurable results in the first 15 days of ageLOC TRMe program when combined with a reduced-calorie diet and exercise.
- Helps provide a quick win as you begin your weight management journey.
- Helps reset your body’s balance and targets all three important areas for weight management: metabolism, lean muscle, and appetite control.*
- Features ingredients that are supported by gene expression science.

WHAT POWERS IT

- Prickly Pear Cactus Fruit—a unique, natural source of antioxidants that is standardized to betalains (including indicaxanthin).
- Red Orange Fruit Extract—selected for its benefits in supporting healthy gene expression related to weight management and metabolism.
- Pomegranate Juice Concentrate Powder—selected for its benefits in supporting healthy gene expression

related to weight management and appetite.

- Saffron Stigma Extract—clinically studied for its effects on snacking and mood. The stigmas are hand-harvested from saffron flowers.

HOW TO USE IT

Mix one (1) packet in two to eight (2-8) ounces (60-235 mL) of water or favourite beverage.

LEARN MORE ABOUT IT

What makes JumpStart different from other products in the ageLOC TRMe program?

JumpStart is specially formulated to provide an initial boost to the benefits of the program, including a healthy start in the first 15 days.

Why should I only take JumpStart for 15 days?

It’s safe to take JumpStart for more than 15 days, but it’s primarily intended to be used at the beginning of your weight management journey. JumpStart is formulated to help you start to achieve measurable results in 15 days when combined with a reduced-calorie diet and regular exercise—this helps motivate you to continue to make lifestyle changes and prepare for long-term success.

How does JumpStart support the start of a new healthy diet and lifestyle transformation in 15 days?

JumpStart supports healthy weight management by helping to promote healthy metabolism, support lean muscle mass and control appetite. This helps you see measurable results in 15 days as you begin your transformation with a new diet and lifestyle that includes regular exercise.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Why is it important to see measurable results quickly from my weight management efforts?

Staying motivated is key to making lifestyle changes that support a sustainable body transformation. When you see early results, you're far more likely to continue with your diet and exercise program and work toward longer-term success as well. But let's be clear—JumpStart is not a quick-weight-loss gimmick. It's one part of a science-based program. A program that, along with a healthy diet and regular exercise, incorporates psychological principles by helping you see measurable results in the first 15 days. This helps you stay motivated to continue to make the right decisions and reach greater, long-term goals.

Do I need to take JumpStart at a specific time of day or in conjunction with a meal?

JumpStart should be taken each morning during the first 15 days of the program. It does not need to be taken in conjunction with a meal. If you forget to take it in the morning, or if you simply prefer to take it at a different time of the day, it is suitable to take at any time of the day.

Why are diet and exercise important parts of the TRME System?

There is no magic pill when it comes to weight wellness. To achieve results, you need to combine TRME products with healthy, sustainable habits, including a balanced diet and regular exercise. TRME is designed to help you make those important changes as you work toward your weight management goals.

Does JumpStart follow the 6S Quality Process?

Yes. Nu Skin's 6S Quality Process is an exclusive process we use to carefully maintain stringent quality, efficacy, and safety controls through each and every stage of development and manufacturing. It involves a set of highly integrated activities, multiple layers of scientific testing, and an extraordinary attention to detail to ensure unsurpassed results that meet the highest standards and comply with all relevant government requirements.

SCIENCE THAT SUPPORTS IT

1. Attanzio A, Tesoriere L, Vasto S, Pintaudi AM, Livrea MA, Allegra M. Short-term cactus pear [*Opuntia ficus-indica* (L.) Mill] fruit supplementation ameliorates the inflammatory profile and is associated with improved antioxidant status among healthy humans. *Food Nutr Res.* 2018 Aug 20;62.
2. Tesoriere L, Butera D, Pintaudi AM, Allegra M, Livrea MA. Supplementation with cactus pear (*Opuntia ficus-indica*) fruit decreases oxidative stress in healthy humans: a comparative study with vitamin C. *Am J Clin Nutr.* 2004 Aug;80(2):391-5.
3. Gout B, Bourges C, Paineau-Dubreuil S. Satiereal, a *Crocus sativus* L extract, reduces snacking and increases satiety in a randomized placebo-controlled study of mildly overweight, healthy women. *Nutr Res.* 2010 May;30(5):305-13.

WHAT'S IN IT

Supplement Facts		
Serving Size 1 packet (Powder) Servings Per Container 15		
	Amount Per Serving	% Daily Value*
ageLOC® JumpStart Blend		
Prickly Pear (<i>Opuntia ficus-indica</i>) fruit powder	2000 mg	*
Red Orange (<i>Citrus sinensis</i>) fruit extract	125 mg	*
Pomegranate (<i>Punica granatum</i>) juice concentrate powder	300 mg	*
Satiereal Saffron (<i>Crocus sativus</i> L.) stigma extract	177 mg	*

* Daily Value (DV) not established

OTHER INGREDIENTS: Maltodextrin

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