

AGELOC® TRME® CS CONTROL

Tired of trying one-size-fits-all weight management “solutions” that just leave you feeling frustrated? TRMe helps you uncover your unique nuances—helping you crack your personal code to unlock your winning combination. It’s designed to support your transformation to a healthier lifestyle with supplements, shakes, diet and exercise recommendations. With personalization that transcends the standard, TRMe helps make weight wellness work for you.

TRMe—the uniquely you system that simply fits.



MEET CS CONTROL

Snack attacker? Leap over your snacking hurdles with help from CS Control. Our safe, exclusive formula helps target snack attacks while helping to enhance your mood and supporting an improved feeling of well-being and stress reduction. Make it a key part of transforming your diet and lifestyle today, to help unlock your winning combination to a better, happier, healthier you tomorrow. CS Control provides the support you need!

WHY YOU’LL LOVE IT

- Supports improved feelings of well-being, a positive mood and mindset, and stress reduction.
- Helps address the struggle with snacking.
- Features a clinically studied ingredient shown to support your weight wellness efforts.
- Helps you snack less frequently and feel less hungry.
- Helps support feelings of well-being during female monthly cycles.
- Features ingredients that are supported by gene expression science.
- Features a bottle that is proudly made from 100% post-consumer resin.

WHAT POWERS IT

- Saffron Stigma Extract—clinically studied for its effects on snacking and mood. The stigmas are hand harvested from saffron flowers.

HOW TO USE IT

Take one capsule once daily with a meal.

LEARN MORE ABOUT IT

How does CS Control support healthy weight wellness efforts?

CS Control focuses on stress and other mental components that can impact weight wellness. It helps address the struggle with snacking and supports improved feelings of well-being. Mood and stress can both influence your behavior, so supporting these factors can be important for success with any long-term weight management goals.

Why is stress such a big deal when trying to manage your weight?

When your body is stressed, it can impact your hunger and even the types of foods you crave, which can be detrimental to weight wellness.

Is CS Control for both men and women?

Yes! CS Control is formulated for anyone who struggles with stress or snacking. It helps provide important mental support during your weight management journey.

Why are diet and exercise important parts of the TRME System?

There is no magic pill when it comes to weight wellness. To achieve results, you need to combine TRMe products with healthy, sustainable habits, including a balanced diet and regular exercise. TRMe is designed to help you make those important changes as you work toward your weight management goals.

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Does CS Control follow the 6S Quality Process?

Yes. Nu Skin's 6S Quality Process is an exclusive process we use to carefully maintain stringent quality, efficacy, and safety controls through each and every stage of development and manufacturing. It involves a set of highly integrated activities, multiple layers of scientific testing, and an extraordinary attention to detail to ensure unsurpassed results that meet the highest standards and comply with all relevant government requirements.

How does CS Control support Nu Skin's commitment to become more sustainable?

As responsible stewards of our planet, we have proudly designed the CS Control bottle from 100% post-consumer resin (PCR). Please check your local capabilities and recycle the bottle where possible. By purchasing CS Control, you're joining us in taking an active, engaged stride to ensure the future is bright for both the planet and each of us. Visit www.nuskin.com/sustainability for more information and details on how to recycle.

SCIENCE THAT SUPPORTS IT

1. Beiranvand SP, Beiranvand NS, Moghadam ZB, Birjandi M, Azhari S, Rezaei E, Salehnia AN, Beiranvand S. The effect of *Crocus sativus* (saffron) on the severity of premenstrual syndrome. *Eur J Integr Med.* 2016;8:55–61.
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3. Murphy PK, Wagner CL. Vitamin D and mood disorders among women: an integrative review. *J Midwifery Womens Health.* 2008 Sep–Oct;53(5):440–6.
4. Jackson PA, Forster J, Khan J, Pouchieu C, Dubreuil S, Gaudout D, Moras B, Pourtau L, Joffre F, Vaysse C, Bertrand K, Abrous H, Vauzour D, Brossaud J, Corcuff JB, Capuron L, Kennedy DO. Effects of Saffron Extract Supplementation on Mood, Well-Being, and Response to a Psychosocial Stressor in Healthy Adults: A

Randomized, Double-Blind, Parallel Group, Clinical Trial. *Front Nutr.* 2021 Feb 1;7:606124.

5. Spinneker A, Sola R, Lemmen V, Castillo MJ, Pietrzik K, González-Gross M. Vitamin B6 status, deficiency and its consequences--an overview. *Nutr Hosp.* 2007 Jan-Feb;22(1):7–24.

WHAT'S IN IT

Supplement Facts

Serving Size: 1 capsule	Servings Per Container: 30
Amount per serving	
Saffron (<i>Crocus sativus</i> L.) Stigma Extract	177 mg

OTHER INGREDIENTS: Hypromellose, Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

