

EPOCH® SOLE SOLUTION® FOOT TREATMENT



Every Epoch product takes you around the world to experience authentic beauty solutions inspired by ethnobotanical ingredients. All of our ethnobotanical ingredients come from renewable sources. And we strive to use packaging that's responsibly sourced, recycled, and/or recyclable by design.

Be Epoch—take care of yourself, others, and our planet.

MEET EPOCH SOLE SOLUTION

Harness the natural benefits of ethnobotanical Crushed Allspice Berry from Central America and tackle persistent dry, rough, cracked feet. This foot-specific formula gently exfoliates skin to remove calluses and dry patches, while nourishing ingredients get to the root of the problem and help keep skin soft, smooth, and radiant. Try Epoch Sole Solution and embrace smooth, comfortable feet all the way down to your soles.

WHY YOU'LL LOVE IT

- Works on the underlying causes of rough, dry, and cracked feet, returning them to a soft, smooth, healthy looking condition.
- Delivers noticeable relief in the first few weeks of use.
- Softens and exfoliates calluses and dead-cell buildup, revealing soft, smooth skin.
- Naturally fragranced with Crushed Allspice Berry.
- Safety-dermatologist tested.
- Features a tube that is proudly made from responsibly sourced bioresin.

WHAT POWERS IT

- **Crushed Allspice Berry**—traditionally used in Central America to relieve persistent dry, cracked, red skin on the heels, toes, and sides of feet.
- **Urea**—exfoliates calluses and dead-cell buildup while providing deep moisturization.
- **Papain**—a proteolytic enzyme from papaya that breaks down and loosens thick, rough patches of dry, dead skin.

CLINICALS THAT PROVE IT

Study participants with dry, cracked, or callused feet applied Epoch Sole Solution twice daily for eight weeks.

- After eight weeks, all participants demonstrated remarkable improvement in the condition of their feet.
- Seven out of 10 participants saw significant visible improvement in their dry, cracked feet within just four weeks.

HOW TO USE IT

Apply liberally to affected areas on cleansed feet morning and night, or as needed. Focus on rough or dry areas. Do not rinse off. Allow product to remain on skin as long as possible. Best results are seen after six to eight weeks of usage as directed.

Tip: It can help to put on socks immediately after application, so that more product remains in contact with your feet throughout your day.

TRY THESE WITH IT

- Perennial® Intense Body Moisturizer
- Epoch Polishing Bar

LEARN MORE ABOUT IT

What makes Crushed Allspice Berry an ethnobotanical? Ethnobotanicals are plants or herbs that are tied to a region and its people. Crushed Allspice Berry falls into this group because of its traditional use in Central America, where the berry was used to condition the skin on feet.

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I moisturize my feet repeatedly but can never seem to find relief for my dry, cracked heels. Why are moisturizers not helping?

Moisturization is only one aspect of the healing process. In order to deliver nourishing ingredients to healthy skin, dead-cell buildup must first be removed and softened. That's why Sole Solution has key ingredients that help loosen and exfoliate rough, dry patches.

Can I use Epoch Sole Solution on other parts of my body?

Yes. Sole Solution is great for any dry, cracked area where you would like to restore soft, smooth skin. Perfect examples are rough cuticles, dry elbows, and scaly knees.

Can I safely use Sole Solution for a long time?

Yes, Sole Solution is perfect for consistent application on problem areas of the feet. In fact, many of its key ingredients help maintain balanced moisture levels in your skin. If you find after several weeks that the soft, smooth, healthy look and feel of your feet has returned, you can stop usage, then periodically resume use of Sole Solution when you want an intense treatment. For an all-over body moisturizer, try Perennial Intense Body Moisturizer.

How does Epoch support Nu Skin's commitment to become more sustainable?

Epoch product bottles are made from post-consumer resin (PCR), the packaging for the Eco Pac tubes is made from responsibly sourced bioresin, the Blemish Treatment tube is made with 39% PCR, and the cartons are made from 100% recycled paper. Plus, all of our ethnobotanical ingredients come from renewable sources. Please check your local capabilities and recycle the bottles and cartons where possible. By purchasing Epoch, you're joining us in taking an active, engaged stride to ensure the future is bright for both the planet and each of us. Visit www.nuskin.com/sustainability for more information and details on how to recycle.

WHAT'S IN IT

Water (Aqua), Urea, Glycerin, Stearyl Alcohol, Cetyl Alcohol, Octyldodecyl Neopentanoate, Trioctyldodecyl Citrate, Glyceryl Undecylenate, Glyceryl Stearate, PEG-100 Stearate, Cetyl Phosphate, PPG-3 Benzyl Ether Myristate, Magnesium Aluminum Silicate, Dimethicone, Lauryl Laurate, Pimenta Dioica Fruit Extract*, Papain, Polysorbate 20, Xanthan Gum, Caramel, Butylene Glycol, Carbomer, Tetrasodium EDTA, Sodium Hydroxide, Phenoxyethanol, Caprylyl Glycol, Chlorphenesin, Sorbic Acid.

*Allspice Berry